MONTGOMERY FOOTBALL

FRESHMEN SUMMER SCHEDULE

JUNE 9 – 13, 2014 3:00-5:00 PM 5 DAY MINI-CAMP (REPLACES SUMMER SESSIONS)

JUNE 23, 2014 5:30 PM BIG MAN CHALLENGE @ MONROE H.S.

JUNE 26, 2014 6:00 PM BASILONE BOWL @ BRIDGEWATER-RAITAN H.S.

JUNE 27 & 28 NZONE OFFENSE / 3-4 TOTAL DEFENSE CAMP (ALL INVITED - \$200)

VOLUNTARY TRAINING SESSIONS:

JULY 23, 2014 6:00-8:30 PM 7 ON 7 @ SOMERVILLE H.S. (INVITED AFTER JUNE WORKOUTS)
JULY 24, 2014 6:00-8:30 PM 7 ON 7 @ FRANKLIN H.S. (INVITED AFTER JUNE WORKOUTS)

AUGUST 15, 2014 10:00 AM – 7:00 PM VARSITY FIRST DAY OF PRACTICE –MANDATORY (INVITED FRESHMEN ONLY)

MANDATORY PRACTICES: ALL FRESMEN START AT 2:30 PM ON THURSDAY IN THE MAIN GYM

MANUALICES: ALLINESMEN START AT 2.50 IN ON THERSALT IN THE MAIN GIM		
AUGUST 18, 2014	2:30 PM -7:00 PM	(HELMETS)
AUGUST 19, 2014	4:00 PM – 7:00 PM	(HELMETS)
AUGUST 20, 2014	4:00 PM - 7:00 PM	(UPPERS)
AUGUST 21, 2014	4:00 PM - 7:00 PM	(UPPERS)
AUGUST 22, 2014	3:00 PM - 7:00 PM	(TEAM BONDING ACTIVITY)
AUGUST 23, 2014	8:00 AM - 11:00AM	(UPPERS)
AUGUST 25, 2014	4:00 PM - 7:00 PM	(FULL PADS & TACKLING CIRCUIT)
AUGUST 26, 2014	4:00 PM - 7:00 PM	
AUGUST 27, 2014	4:00 PM - 7:00 PM	
AUGUST 28, 2014	4:00 PM - 7:00 PM	
AUGUST 29, 2014	T.B.A.	(POSSIBLE SCRIMMAGE WITH BRIDGEWATER)
AUGUST 30, 2014	8:00 AM - 11:00AM	(SENIOR/FROSH LUNCH 11:30-12:30 PM)
SEPTEMBER 1, 2013	LABOR DAY	OFF
SEPTEMBER 2, 2013	4:00 PM – 7:00 PM	
SEPTEMBER 3, 2013	4:00 PM – 7:00 PM	
SEPTEMBER 4, 2013	T.B.A.	(POSSIBLE SCRIMMAGE WWP-NORTH)
SEPTEMBER 5, 2013	4:00 PM - 7:00 PM	
SEPTEMBER 6, 2013	8:00 AM – 11:00 AM	
SEPTEMBER 8, 2013	T.B.A. (AFTER SCHOOL	L)
SEPTEMBER 9, 2013	T.B.A. (AFTER SCHOOL	L)
SEPTEMBER 10, 2013	T.B.A. (AFTER SCHOOL	L)
SEPTEMBER 11, 2013	T.B.A. (AFTER SCHOOL	
SEPTEMBER 12, 2013	T.B.A. (AFTER SCHOOL	L)
SEPTEMBER 15, 2013	5:30 PM	OPENING NIGHT – WESTFIELD – HOME

WEIGHTROOM STARTS JUNE 30 – AUGUST 8; HOURS 2:00 PM – 4:30 PM

COACH GIRVAN

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