Sausage & Peppers in the Oven

Ingredients:

Sweet or Hot Italian Sausages cut in half
Medium Onions sliced thick
Cloves of garlic, chopped
Large peppers, sliced
Leaves of basil chopped or 1 tsp dried
White wine or chicken broth
Extra virgin olive oil
Salt and pepper to taste

Aluminum baking dishes

Directions:

- Prehet oven to 400F.Spray Alumiunm dishes with nonstick spray. Place the sausages, peppers in the baking dish. Add salt and pepper. Drizzle with olive oil and mix. Add wine or broth and mix.
- 2. Cover with foil and bake for about 45 minutes. Uncover and cook for 10-15 minutes just to let it brown a little.